

Check List Before Departure

- ☐ Make sure all rental invoices are settled.
- ☐ If you have registered with the Swedish tax office: change/terminate your official address in Sweden.
- ☐ Empty your mailbox.
- ☐ **Clean the room with the help of the checklist below.** Start in good time, it generally takes longer than you would think!
- ☐ Take out all garbage.
- ☐ Empty all personal belongings from the room.
- ☐ Give or throw away any items that you don't want to bring with you, e.g. to charity or a friend. Only the things included in the room should be left in the room after departure.
- ☐ Don't leave food in the room or in the common kitchen.
- ☐ Return the keys to the right place at the right time.

In Sweden, before moving out of a rental apartment, you are expected to do a "flyttstäd" which is a final deep cleaning of the accommodation.

A final deep cleaning means that *everything* in the accommodation needs to be thoroughly cleaned. Walls, floors, moldings, windows, doors, doorframes, furniture, permanent fixtures and equipment, etc.

If you have not cleaned to the expected standard, you will be charged for additional cleaning which must take place before the next tenant can move in. It is the authorized inspector that determines whether a room/apartment has been cleaned properly, not Uppsala University Housing Office nor you as tenant.

Find more specific moving out information on *My Pages*.

Check List for Cleaning

Note! This should not be seen as a complete list, there may be additional cleaning needed depending on the state of your accommodation.

Kitchen/your part of a common kitchen

- ☐ Clean the microwave oven.
- ☐ Clean the refrigerator and the freezer, defrost if necessary.
- ☐ Clean all cabinets, shelves and drawers, inside and outside.
- ☐ Clean the sink, the stove and the tile. If you have induction – do not use any cleaning method that may scratch the surface.
- ☐ Clean all cutlery, porcelain and kitchenware.
- ☐ Clean under the fridge and stove.

Bathroom

- ☐ Clean the mirror.
- ☐ Clean the sink.
- ☐ Clean the toilet.
- ☐ Clean bathroom cupboard.
- ☐ Clean the tile, especially around the shower – Note that there is lime in the Uppsala water and that lime deposits build up over time. Use an eco-labeled lime-dissolving agent to clean bathroom and kitchen. Be careful to wipe all lime away.
- ☐ Clean the shower handle.
- ☐ Wipe the shower curtain.
- ☐ If you have a bathtub: clean the walls and floor under and behind the bathtub.
- ☐ Clean the drains (sink and shower/bathtub), outside and inside. Remove all hair and dirt.
- ☐ Clean the floor, walls and ceiling.

General

- ☐ Wipe the doors and doorframes.
- ☐ Wipe the moldings, electrical outlets and other permanent fixtures.
- ☐ Wipe away stains from the walls (if the walls are painted).
- ☐ Wipe the closet, cupboards and/or shelves.
- ☐ Clean all tables, chairs and furniture.
- ☐ Clean the windows - all four sides of the double windowpanes.
- ☐ Wipe the windowframes.
- ☐ Wash mattress covers.
- ☐ Remove dust, hairs and stains from the bed.
- ☐ Clean the floor, remember under the bed and behind the desk and other furniture.
- ☐ Make sure the light bulbs in the accommodation are working.
- ☐ Make sure the fire alarm is working.
- ☐ Wipe ventilation vents in all rooms and bathroom.
- ☐ Any signs of mold in bathroom or kitchen must be immediately removed.